

1 March 2023

Dear Parents and Carers,

At The Roseland Academy, we believe that promoting the physical, emotional and social development of our students is an important part of their overall education, providing young people with the attributes, knowledge and skills to live safe, healthy, productive lives and meet their full potential.

We intend to further support their development through a new, bespoke PSHE curriculum which we will refer to as Personal Development. PSHE covers many topics including all kinds of relationships, health and wellbeing and the skills needed to live in the wider world. There is also a focus on next steps and careers. The aim of Personal Development is to help students make safe and informed decisions during their school years and beyond, giving them the confidence to be the very best versions of themselves.

I am writing to let you know that, within the summer term, your child's class will be taking part in lessons which will cover relationships and sex education (RSE) aspects of this programme. Throughout students' time at school, RSE lessons will include content around; healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence.

Relationships, Sex and Health Education (RSHE) is a statutory subject and, although parents can withdraw their child from sex education, we want to assure parents that our curriculum is taught in an age-appropriate manner in a safe learning environment that is underpinned by our school ethos and values. This provides students with time to ask questions and receive factual information, discuss concerns, dispel myths and ultimately feel safe. An un-informed child is often a child left vulnerable and we want to empower our students at The Roseland Academy.

As a school community, we are committed to working in partnership with parents and would like you to complete a questionnaire regarding your knowledge and understanding of the PSHE and RSHE content. If you would like to be a part of a parental working group gain a deeper understanding of the PSHE programme within school, please select yes for question 15. Please click on the link below to access the questionnaire:

<https://docs.google.com/forms/d/1HE98IB3I30lhQzMpjh2fncykMZlhyfQlAbqpC2LyyO8/edit?ts=63fe3a75>

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about the curriculum content before the topic is covered in school. Learning journeys will be made available via the school website and if you have any queries about the content of the programme or resources used, please do not hesitate to make contact.

Yours sincerely,

Holly Filkins

Subject Lead for PSHE and Careers