


























WEEK 1 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	ITALIAN CHICKEN AND BROCCOLI PASTA BAKE   with Baked Garlic and Herb Wedges	TEX MEX VEGGIE BURRITO    with Baked Garlic and Herb Wedges	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad   Roasted Indian Chickpea Salad   SANDWICHES/BAGUETTES: Egg Salad Sandwich  Chicken Salad Sandwich Cheese and Pickle Baguette  Tuna Mayo Baguette BLT Baguette WRAPS: Pepper and Houmous Wrap  BBQ Chicken Wrap Chicken Caesar Wrap
TUE	BURGER BAR BEEF BURGER Served with Baked Garlic and Herb Wedges and Corn on the Cob	BURGER BAR BEETROOT AND FETA BURGER   Served with Baked Garlic and Herb Wedges and Corn on the Cob	
WED	CLASSICS ROAST PORK AND STUFFING with Roast Potatoes, Vegetables and Gravy	CLASSICS ROAST QUORN  with Roast Potatoes, Vegetables and Gravy	
THURS	STREET CHICKEN KATSU   Served with Wholegrain Rice and Nut Free Satay Sweetcorn	STREET MACARONI CHEESE 	
FRI	FRIDAY FAVOURITES SOUTHERN FRIED CHICKEN GOUJONS with Chips, Beans or Peas	FRIDAY FAVOURITES VEGGIE BURGER  Served with Chips, Baked Beans and Peas	

 Vegetarian
  Vegan
  Oily Fish
  Wholegrain
  Nutritionist's Choice

Our menu is subject to change.

WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	CLASSICS	CLASSICS	<p>HOT DISHES:</p> <ul style="list-style-type: none"> Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings <p>SALADS:</p> <ul style="list-style-type: none"> Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad Roasted Indian Chickpea Salad <p>SANDWICHES/BAGUETTES:</p> <ul style="list-style-type: none"> Egg Salad Sandwich Chicken Salad Sandwich Cheese and Pickle Baguette Tuna Mayo Baguette BLT Baguette <p>WRAPS:</p> <ul style="list-style-type: none"> Pepper and Houmous Wrap BBQ Chicken Wrap Chicken Caesar Wrap
	SAUSAGE AND MASH with Vegetables and Gravy	VEGETARIAN SAUSAGE AND MASH	
TUE	TEX MEX	TEX MEX	
	MEXICAN BEEF ENCHILADA Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	VEGETABLE FAJITA	
WED	CLASSICS	CLASSICS	
	ROAST CHICKEN with Roast Potatoes, Vegetables and Gravy	ROAST QUORN	
THURS	CLASSICS	CLASSICS	
	COTTAGE PIE with Vegetables and Gravy	VEGETARIAN COTTAGE PIE	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	SOUTHERN FRIED CHICKEN GOUJONS Served with Chips, Baked Beans and Peas	CHEESE AND ONION SLICE	

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WEEK 3 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	FEASTIVAL	CLASSICS	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad Roasted Indian Chickpea Salad SANDWICHES/BAGUETTES: Egg Salad Sandwich Chicken Salad Sandwich Cheese and Pickle Baguette Tuna Mayo Baguette BLT Baguette WRAPS: Pepper and Houmous Wrap BBQ Chicken Wrap Chicken Caesar Wrap
	JERK CHICKEN BURGER Served with Baked Spiced Wedges and Mixed Salad	CHEESE AND BEAN TOASTIE with Baked Garlic and Herb Wedges	
TUE	PAN-ASIAN	PAN-ASIAN	
	MANDARIN BBQ PORK Served with Pineapple Rice and Nut Free Satay Sweetcorn	SWEET AND SOUR VEGETABLES Served with Pineapple Rice and Nut Free Satay Sweetcorn	
WED	CLASSICS	CLASSICS	
	ROAST TURKEY with Roast Potatoes, Vegetables and Gravy	ROAST QUORN with Roast Potatoes, Vegetables and Gravy	
THURS	ITALIAN	ITALIAN	
	CHEESY MAC BOLOGNESE with Mixed Salad	CHEESY VEGGIE MAC BOLOGNESE with Mixed Salad	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	SOUTHERN FRIED CHICKEN GOUJONS with Chips, Beans or Peas	VEGETABLE GOUJONS Served with Chips, Baked Beans and Peas	

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